

Beat: Health

## Nova Scotia Eliminates Proof Of Vaccination

### For Non-Essential Activities

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**USPA NEWS** - During the Wednesday February 23rd COVID-19 briefing, Premier Tim Houston said, "The restrictions put in place during the COVID-19 pandemic are a balancing act between keeping people safe and preventing other harms, and we knew we wouldn't need them forever. Now, it's time to stop pulling the big levers, like broad restrictions, and shift to personal actions and responsibility. We all know what to do to protect ourselves and one another, and it's time to get back to the people and things we love."

Premier Tim Houston and Dr. Robert Strang, Chief Medical Officer of Health for Nova Scotia, went on to announce a 3 phase plan for removing all COVID-19 restrictions within the province.

Phase 1 will begin on February 28th with Nova Scotians no longer required to show proof of vaccination to enjoy indoor dining along with most other non-essential activities. All other current restrictions will remain in place.

On March 7, Phase 2 of the reopening plan will begin, which will allow larger gathering and capacity limits, sport tournaments and competitions, and restaurants can return to regular hours.

The 3rd Phase of the reopening plan will be implemented on March 21st. At that time all public health restrictions will end. Physical distancing and mask requirements will end, as will restrictions in schools. Some restrictions will remain in the health system.

Dr. Robert Strang said "This does not mean COVID-19 is gone. There is still lots of virus in communities and as we lift restrictions, our choices and actions become even more important. They will be the tools that we have to limit the spread of COVID-19 and protect those around us who are more vulnerable."

Today, February 28th, as proof of vaccination has been lifted, the province is reporting 7 more deaths related to the virus. Premier Tim Houston and Dr. Robert Strang reminds us that there still is COVID-19 all around us, but feel that Nova Scotians are ready to move forward in a cautious manner without restrictions dictating our daily lives. Both feel with the 2 years of restrictions and a high vaccination rate, that we are equipped with the knowledge and tools to limit the spread of the virus and navigate safely through a new world that includes COVID-19.

### Article online:

<https://www.uspa24.com/bericht-20091/nova-scotia-eliminates-proof-of-vaccination.html>

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